



Milton High School 2010 Cross Country Registration Packet

Welcome to Milton Cross Country! Attached is the Registration Packet for the 2010 season. This packet consists of a total of **10 pages** (including this cover sheet) which includes the following:

- 1) Registration Form (1 page)
- 2) Physical Form (3 pages) – Must be filled out by a physician
- 3) Insurance Waiver (2 pages)
- 4) Transportation Form (1 page)
- 5) Attendance Contract (1 page)
- 6) Behavior Contract (1 page)

Please complete all 6 forms and return to the Cross Country Registrars, Lynn Brandus, before the first day of practice on Monday, August 16, 2010.

Registration Packet Due by August 16, 2010!

Mail packet to XC Registrar at:

Milton Cross Country Registrar
c/o Lynn Brandus
3130 Brierfield Road
Alpharetta, Georgia 30004

***All forms must be completely filled out & mailed to the registrar by the due date or the runner WILL NOT be able to participate in the 2010 Cross Country season.